



## Micro Pigmentation Pre Treatment Instructions

### Pre Treatment Instructions:

Try to avoid the following things unless medically necessary prior to all procedures

- Aspirin or similar products (Tylenol is fine)
- Alcohol 48 hours prior
- Niacin and Vitamin E
- Exposure to the sun and/or tanning beds

### For Eyeliner procedures

- If you wear contact lenses, bring eyeglasses to all appointments
  - You may want to take an over the counter antihistamine; such as Benadryl or Claritin to help from tearing
  - Consider having a ride home if you are light sensitive or choose to self medicate (for pain).
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- Do not book an appointment before major events such as vacations, social events or weddings. Also, you may be more sensitive during a procedure if you are menstruating.
  - If you have ever had a fever blister or cold sore it is recommended that you obtain a prescribed anti-viral medication from your doctor or dentist. Fever blisters are a very common side effect of Micro Pigmentation of the lips.
  - Clients must be off Retin-A or Renova 30 days prior to all procedures. Clients must be off Accutane for one year prior to all procedures
  - If you have any condition that requires you to take antibiotics prior to going to the dentist, it is a good idea to do the same prior to all Micro Pigmentation.

## Micro Pigmentation Post Treatment Instructions

### Post Treatment Instructions:

#### Side Effects

##### Eyebrows

- Dryness and itching in the treated area
- Flaking
- Tenderness

##### Eyeliner

- Eyelashes may stick together the next morning
- Puffy eyelids for 2 or 3 days
- Tenderness
- Redness or mild bruising around the eyes
- Itchiness
- Swelling. If swelling lasts beyond two days, remove all ointments and keep dry

##### Lip Liner & Full Lip Color

- Dryness in the treated area
- Scabbing (Pat ointment onto lips, rubbing ointment onto lips may remove pigment)
- Fever blisters or cold sore (Treat with Zivoraz cream or tablets)

#### Daily Care

- Do not touch the treated area unless applying ointment. No scratching, rubbing or picking of the treated area.
- Do not apply eye make-up around treated area until healed
- If your lashes are sticking together, moisten with distilled water and remove residue
- Apply ointment many times a day to keep it moist all the time.
- Contact lenses can be worn 3 days after eyeliner procedure
- Artificial tears may be used
- No swimming or sunbathing for 1-2 weeks
- Always wear a sun block (15 or stronger) when outdoors
- Touch up may be done after 21 days

#### End of First Week

- Same as above
- Discontinue the ointment if healed
- You may now wear make-up. Always start with a new mascara, make-up or lipstick.